

Event 115 Women 14 & Over 50 SC Meter Butterfly 20 FASTEST

	Name	Age	Team	Seed Time
1	Knoblauch, Cara	19	Lane Leader Stellenbosch-CE	26.38
2	Kotze, Abigail	16	Lane Leader Stellenbosch-CE	27.01
3	Mote, Jaime L	17	Infinity Swimming Academy-NM	27.30
4	Van Heerden, Keira	18	Lane Leader Stellenbosch-CE	27.75
5	Gerber, Simonè M	15	Lane Leader Stellenbosch-CE	28.42
6	Burgess, Cassidy S	18	Vineyard SC-CP	28.48
7	Prinsloo, Mila	19	TuksSwimming-TS	28.59
8	Bayly, Arabella	15	Vineyard SC-CP	28.90
9	Fury, Rebecca G	18	Vineyard SC-CP	28.90
10	Viljoen, Jo-Ell	19	TuksSwimming-TS	29.06
11	Trout, Sophia L	17	Vineyard SC-CP	29.33
12	Webber, Isabella L	19	Maties Aquatics-CE	29.33
13	Lombard, Jana	18	Lane Leader Stellenbosch-CE	29.41
14	Steenkamp, Veneske	18	Fish Eagle Aquatics-ED	29.80
15	Combrink, Amy	17	Vineyard SC-CP	30.11
16	Hugo, Anika S	19	Lane Leader Stellenbosch-CE	30.26
17	Jansen van Rensburg, Mia	14	Xcel Swim Academy-CP	30.68
18	Huang, Shi Han A	16	Blouberg Marlins-CP	30.80
19	Smit, Jenna	19	TuksSwimming-TS	30.84
20	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	30.94
21	Groenewald, Mia T	16	Curro Aquatic Swim Club-CP	30.95
22	Hayes, Kerrigan L	17	Curro Aquatic Swim Club-CP	30.99
23	Morris, Jenna	17	Vineyard SC-CP	31.06
24	Priede, Skye S	17	SSISA-CP	31.17

Event 116 Men 14 & Over 50 SC Meter Butterfly 20 FASTEST

	Name	Age	Team	Seed Time
1	Pearson, Tai L	19	Lane Leader Stellenbosch-CE	23.21
2	Emslie, Joshua D	24	Maties Aquatics-CE	23.64
3	Loots, Andre S	18	Lane Leader Stellenbosch-CE	24.24
4	Sistenich, Dylan L	22	Maties Aquatics-CE	24.79
5	Esterhuysen, Joshua N	18	TuksSwimming-TS	24.85
6	Schlechter, Gustav	24	Fish Eagle Aquatics-ED	24.95
7	Basson, Wilan	20	Maties Aquatics-CE	24.95
8	Webb, Corey	23	SSISA-CP	25.40
9	Dos-Santos, Andrei	17	Cybersmart Aquatics-CP	25.61
10	Pullock, Sam J	16	TuksSwimming-TS	25.66
11	Van Schaik, Luc	16	Vineyard SC-CP	25.74
12	Williams, Jayden J	17	Paarl Aquarius SC-CE	25.79
13	Eilers, Dé-Anzo C	20	SSISA-CP	25.81
14	Barber, Dino B	36	Cape Town Msc-CP	25.92
15	Williams, Logan	16	Vineyard SC-CP	26.00
16	Haupt, Rhys A	17	Vineyard SC-CP	26.04
17	Snyders, Kyle	15	Curro Langebaan Aquatics-WC	26.34
18	Gilbert, Andrew A	17	Swimlab Aquatic Academ-CP	26.38
19	Kalapac, Joshua	17	Streamline Aquatics-CP	26.48
20	Gilmour, Connor A	15	Streamline Aquatics-CP	26.49
21	Terblanche, Kiaan C	20	Lane Leader Stellenbosch-CE	26.57
22	Theron, Ryan P	17	Curro Aquatic Swim Club-CP	26.72
23	Benecke, Alexander	18	Vineyard SC-CP	26.86
24	Coetzer, Milan J	18	Cybersmart Aquatics-CP	26.86

Event 211 Women 14 & Over 50 SC Meter Backstroke 20 FASTEST

	Name	Age	Team	Seed Time
1	Burgess, Cassidy S	18	Vineyard SC-CP	28.78
2	Hebler, Lily M	17	Lane Leader Stellenbosch-CE	29.48
3	Bayly, Arabella	15	Vineyard SC-CP	29.70
4	De Beer, Isabella C	14	Players-CE	30.26
5	Smit, Jenna	19	TuksSwimming-TS	30.30
6	Mote, Jaime L	17	Infinity Swimming Academy-NM	30.31
7	Lombard, Jana	18	Lane Leader Stellenbosch-CE	30.33
8	Groenewald, Mia T	16	Curro Aquatic Swim Club-CP	30.64
9	Trout, Sophia L	17	Vineyard SC-CP	30.65
10	Combrink, Amy	17	Vineyard SC-CP	30.79
11	Van Heerden, Keira	18	Lane Leader Stellenbosch-CE	30.79
12	Newton, Ava L	16	Curro Aquatic Swim Club-CP	30.80
13	Gerber, Simonè M	15	Lane Leader Stellenbosch-CE	31.06
14	Lorenzen, Ava E	14	Blouberg Marlins-CP	31.15
15	Du Plessis, Chanel P	19	Cybersmart Aquatics-CP	31.18
16	Pearse, Jemma S	17	Vineyard SC-CP	31.26
17	Morris, Jenna	17	Vineyard SC-CP	31.34
18	Hayes, Kerrigan L	17	Curro Aquatic Swim Club-CP	31.72
19	Viljoen, Jo-Ell	19	TuksSwimming-TS	31.82
20	Riley, Logan	15	Curro Aquatic Swim Club-CP	32.02
21	De Villiers, Anja	15	Tygerberg Aquatics-CP	32.27
22	Jurado, Stephanie C	17	Vineyard SC-CP	32.61
23	Jansen van Rensburg, Mia	14	Xcel Swim Academy-CP	32.84
24	Visser, Cara	16	Cybersmart Aquatics-CP	32.94

Event 212 Men 14 & Over 50 SC Meter Backstroke 20 FASTEST

	Name	Age	Team	Seed Time
1	Potgieter, Wikus R	21	Vineyard SC-CP	23.67
2	Pearson, Tai L	19	Lane Leader Stellenbosch-CE	25.46
3	Esterhuysen, Joshua N	18	TuksSwimming-TS	25.89
4	Van Schaik, Luc	16	Vineyard SC-CP	26.21
5	Webb, Corey	23	SSISA-CP	26.51
6	Coetzer, Jayden P	21	Cybersmart Aquatics-CP	26.58
7	Coetzer, Milan J	18	Cybersmart Aquatics-CP	26.84
8	Labuschagne, Jeremy	20	Lane Leader Stellenbosch-CE	26.85
9	Bezuidenhout, Ernst E	16	Curro Aquatic Swim Club-CP	27.00
10	Loots, Andre S	18	Lane Leader Stellenbosch-CE	27.04
11	Wollenschlaeger, Noah	18	Vineyard SC-CP	27.38
12	Gilmour, Connor A	15	Streamline Aquatics-CP	27.56
13	Bezuidenhout, Carlo	17	Fish Eagle Aquatics-ED	27.67
14	Terblanche, Kiaan C	20	Lane Leader Stellenbosch-CE	27.72
15	Kleinhans, Kyle	20	SSISA-CP	28.16
16	September, Dominic J	18	TuksSwimming-TS	28.29
17	Snyders, Kyle	15	Curro Langebaan Aquatics-WC	28.47
18	Bannister, Joshua G	18	Tygerberg Aquatics-CP	28.51
19	Blauw, Tyriq D	18	Tygerberg Aquatics-CP	28.87
20	Basson, Lucca N	17	Aqua Athlete Cta-CP	29.10
21	Louw, Guillaume	23	Curro Aquatic Swim Club-CP	29.18
22	Williams, Logan	16	Vineyard SC-CP	29.18
23	Benecke, Delmar	14	Vineyard SC-CP	29.24
24	Walker, Yohan G	18	SSISA-CP	29.45
25	Southworth, Matthew W	18	Curro Aquatic Swim Club-CP	29.55

Event 315 Women 14 & Over 50 SC Meter Breaststroke 20 FASTEST

	Name	Age	Team	Seed Time
1	Cope, Morgan M	20	Lane Leader Stellenbosch-CE	29.95
2	Smith neè Schoenmake, Tatjana	29	Lane Leader Stellenbosch-CE	30.83
3	Van Heerden, Keira	18	Lane Leader Stellenbosch-CE	32.19
4	Combrink, Amy	17	Vineyard SC-CP	32.94
5	Van Galen, Ava-Loren	17	Lane Leader Stellenbosch-CE	33.32
6	Knoblauch, Cara	19	Lane Leader Stellenbosch-CE	33.78
7	Fury, Rebecca G	18	Vineyard SC-CP	33.83
8	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	34.18
9	Coleman, Madison	17	Blouberg Marlins-CP	34.42
10	Hebler, Lily M	17	Lane Leader Stellenbosch-CE	34.63
11	Gerber, Simonè M	15	Lane Leader Stellenbosch-CE	34.66
12	Hugo, Anika S	19	Lane Leader Stellenbosch-CE	34.85
13	Jeftha, Zara L	18	Vineyard SC-CP	35.29
14	Morris, Jenna	17	Vineyard SC-CP	35.34
15	Schreuder, Hannah G	18	Swimlab Aquatic Academ-CP	35.36
16	Adams, Sydni M	17	Vineyard SC-CP	35.97
17	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	36.54
18	Albino, Nemzi L	17	Swimlab Aquatic Academ-CP	36.64
19	Joyce, Jenna	14	Curro Aquatic Swim Club-CP	36.66
20	Latimer, Olivia H	14	Swimlab Aquatic Academ-CP	36.72
21	Mare, Isabella	14	Curro Aquatic Swim Club-CP	36.84
22	Longueira, Ava L	14	Aqua Sharks Academy-CP	36.90
23	Witten, Hannah	18	Cybersmart Aquatics-CP	37.11
24	Hawley, Nicola	15	Players-CE	37.54

Event 316 Men 14 & Over 50 SC Meter Breaststroke 20 FASTEST

	Name	Age	Team	Seed Time
1	Emslie, Joshua D	24	Maties Aquatics-CE	27.81
2	Gilbert, Andrew A	17	Swimlab Aquatic Academ-CP	28.74
3	Sack, Benji	30	SSISA-CP	28.93
4	Williams, Jayden J	17	Paarl Aquarius SC-CE	29.04
5	Haupt, Rhys A	17	Vineyard SC-CP	29.19
6	February, Gerard G	17	Curro Aquatic Swim Club-CP	30.23
7	Diedericks, Keanu Z	18	Westville Swimming Club-ET	30.26
8	Wing, James L	15	Curro Aquatic Swim Club-CP	30.34
9	Bester, Francois A	19	Maties Aquatics-CE	30.61
10	Stanfliet, Nicholas	16	Vineyard SC-CP	30.66
11	Wilson, Christian G	20	Streamline Aquatics-CP	30.94
12	Zellie, Thomas J	19	Swimlab Aquatic Academ-CP	31.14
13	Van der Watt, Alpheus J	18	Players-CE	31.25
14	Van der Spuy, Flippie C	23	Maties Aquatics-CE	31.44
15	Southworth, Matthew W	18	Curro Aquatic Swim Club-CP	31.48
16	Myburgh, Ruan	18	Blouberg Marlins-CP	31.66
17	Liedeman, Mark	16	Swartland Aquatics-WC	31.73
18	Smith, Tristan A	16	Curro Aquatic Swim Club-CP	31.75
19	Van Rensburg, Tristan	14	Curro Aquatic Swim Club-CP	31.90
20	Loots, Noah C	14	Curro Aquatic Swim Club-CP	31.95
21	Alexander, Ammaar	18	Marlin Swimming Club-CP	31.98
22	Saayman, Dehan	18	Players-CE	32.00
23	Douries, Ean	15	Curro Aquatic Swim Club-CP	32.09
24	Townsend, Lucan D	17	Aqua Sharks Academy-CP	32.21

Event 415 Women 14 & Over 50 SC Meter Freestyle 20 FASTEST

	Name	Age	Team	Seed Time
1	Knoblauch, Cara	19	Lane Leader Stellenbosch-CE	25.83
2	Mote, Jaime L	17	Infinity Swimming Academy-NM	25.90
3	Kotze, Abigail	16	Lane Leader Stellenbosch-CE	26.24
4	Cope, Morgan M	20	Lane Leader Stellenbosch-CE	26.75
5	Burgess, Cassidy S	18	Vineyard SC-CP	26.87
6	Fury, Rebecca G	18	Vineyard SC-CP	26.87
7	Cromhout, Hannah E	21	Maties Aquatics-CE	26.91
8	Fury, Amelia J	15	Vineyard SC-CP	27.09
9	De Villiers, Anja	15	Tygerberg Aquatics-CP	27.19
10	Combrink, Amy	17	Vineyard SC-CP	27.41
11	Prinsloo, Mila	19	TuksSwimming-TS	27.45
12	Bayly, Arabella	15	Vineyard SC-CP	27.53
13	Pearse, Jemma S	17	Vineyard SC-CP	27.75
14	Van Galen, Ava-Loren	17	Lane Leader Stellenbosch-CE	27.76
15	Smit, Jenna	19	TuksSwimming-TS	27.82
16	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	27.89
17	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	28.07
18	Webber, Isabella L	19	Maties Aquatics-CE	28.24
19	Visser, Cara	16	Cybersmart Aquatics-CP	28.37
20	Newton, Ava L	16	Curro Aquatic Swim Club-CP	28.41
21	Havemann, Bella	18	Aqua Sharks Academy-CP	28.43
22	Botha, Rebecca P	15	Curro Aquatic Swim Club-CP	28.53
23	Priede, Skye S	17	SSISA-CP	28.76
24	Albino, Nemzi L	17	Swimlab Aquatic Academ-CP	28.82
25	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	28.87
26	Coleman, Madison	17	Blouberg Marlins-CP	28.90
27	Latimer, Olivia H	14	Swimlab Aquatic Academ-CP	29.06
28	Trout, Sophia L	17	Vineyard SC-CP	29.08
29	Jurado, Stephanie C	17	Vineyard SC-CP	29.09
30	Riley, Logan	15	Curro Aquatic Swim Club-CP	29.32
31	Burger, Juanè	16	Curro Aquatic Swim Club-CP	29.40
32	Van Tromp, Seruby	15	Lane Leader Stellenbosch-CE	29.43
33	Van Dyk, Zani	14	Aqua Sharks Academy-CP	29.54
34	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	29.55
35	Lewis, Erin	15	Lane Leader Stellenbosch-CE	29.55

Event 416 Men 14 & Over 50 SC Meter Freestyle 20 FASTEST

	Name	Age	Team	Seed Time
1	Bezuidenhout, Carlo	17	Fish Eagle Aquatics-ED	22.45
2	Esterhuysen, Joshua N	18	TuksSwimming-TS	22.58
3	Sistenich, Dylan L	22	Maties Aquatics-CE	22.64
4	Emslie, Joshua D	24	Maties Aquatics-CE	22.74
5	Loots, Andre S	18	Lane Leader Stellenbosch-CE	22.95
6	Trower, Nic T	17	Virgin Active Chad Le Clos-CP	23.16
7	Van der Merwe, Johan H	21	Maties Aquatics-CE	23.48
8	Bannister, Joshua G	18	Tygerberg Aquatics-CP	23.53
9	Basson, Wilan	20	Maties Aquatics-CE	23.77
10	Pullock, Sam J	16	TuksSwimming-TS	23.89
11	Eilers, Dé-Anzo C	20	SSISA-CP	23.98
12	Wing, James L	15	Curro Aquatic Swim Club-CP	24.02
13	Van der Linde, Shane S	18	Seals Asc-UM	24.13
14	Theron, Ryan P	17	Curro Aquatic Swim Club-CP	24.19
15	Van Schaik, Luc	16	Vineyard SC-CP	24.25
16	Viljoen, Jaden R	17	Aqua Sharks Academy-CP	24.38
17	Kalapac, Joshua	17	Streamline Aquatics-CP	24.39
18	Van der Spuy, Flippie C	23	Maties Aquatics-CE	24.58
19	Wright, Jonah S	15	Tygerberg Aquatics-CP	24.74
20	Gilmour, Connor A	15	Streamline Aquatics-CP	24.76
21	Bezuidenhout, Ernst E	16	Curro Aquatic Swim Club-CP	24.77
22	Basson, Lucca N	17	Aqua Athlete Cta-CP	24.82
23	Myburgh, Ruan	18	Blouberg Marlins-CP	24.88
24	Alexander, Ammaar	18	Marlin Swimming Club-CP	24.90

Event 901 Women 14 & Over 800 SC Meter Freestyle 10 FASTEST

	Name	Age	Team	Seed Time
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	9:09.64
2	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	9:28.63
3	Tsai-Rieb, Pei-Chi P	15	Aqua Sharks Academy-CP	9:35.76
4	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	9:35.93
5	Billson, Amelie	14	Lane Leader Stellenbosch-CE	9:57.83
6	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	9:58.13
7	Blake, Abi E	16	Curro Aquatic Swim Club-CP	10:05.74
8	Els, Jamie	14	Aqua Dolphin Swimming Club-CP	10:10.48
9	Kleynhans, Sian	17	Royal Swimming Academy-ED	10:16.13
10	Chibharo, Lethabo L	13	Curro Aquatic Swim Club-CP	10:28.92
11	Stilwaney, Mia C	14	Paarl Aquarius SC-CE	10:42.03
12	Vd Westhuizen, Joy	18	Alpha Swim Club-CP	10:43.14
13	Nel, Olivia	13	Curro Langebaan Aquatics-WC	11:06.41
14	Hendricks, Jada	13	Curro Aquatic Swim Club-CP	11:12.57

Event 902 Men 14 & Over 1500 SC Meter Freestyle 10 FASTEST

	Name	Age	Team	Seed Time
1	Smit, Reynard-Gray	15	Streamline Aquatics-CP	15:40.46
2	Forbes, Thomas P	22	Lane Leader Stellenbosch-CE	16:01.98
3	Mcwilliam, Troy J	18	TuksSwimming-TS	16:09.68
4	Terblanche, Luan L	17	Tygerberg Aquatics-CP	16:28.12
5	Allott, Jaydon K	14	Aqua Athlete Cta-CP	16:57.01
6	Skordis, Boyd A	12	Swimlab Aquatic Academ-CP	16:58.56
7	Breebaart, Joshua	14	Curro Aquatic Swim Club-CP	17:05.11
8	Solomon, Ethan	18	Swimlab Aquatic Academ-CP	17:10.30
9	Southey, Jamie	17	Aqua Dolphin Swimming Club-CP	17:22.86
10	Oaten, Rourke	15	Curro Aquatic Swim Club-CP	17:25.23
11	Lewis, Callum R	15	Curro Aquatic Swim Club-CP	18:03.48
12	Kotzè, Arden C	16	Swartland Aquatics-WC	18:10.72
13	Mccollum, Aiden I	14	Alpha Swim Club-CP	18:55.06
14	Rheeder, Liam M	16	Paarl Aquarius SC-CE	19:21.76

Event 903 Men 14 & Over 800 SC Meter Freestyle 10 FASTEST

	Name	Age	Team	Seed Time
1	Forbes, Thomas P	22	Lane Leader Stellenbosch-CE	8:17.40
2	Mcwilliam, Troy J	18	TuksSwimming-TS	8:26.41
3	Dos-Santos, Andrei	17	Cybersmart Aquatics-CP	8:32.32
4	Terblanche, Luan L	17	Tygerberg Aquatics-CP	8:38.49
5	Van der Linde, Shane S	18	Seals Asc-UM	8:41.63
6	Wolson, Daniel A	19	Maties Aquatics-CE	8:46.11
7	Allott, Jaydon K	14	Aqua Athlete Cta-CP	8:48.56
8	Breebaart, Joshua	14	Curro Aquatic Swim Club-CP	8:53.92
9	Roman, Noah P	15	Alpha Swim Club-CP	9:02.72
10	Southey, Jamie	17	Aqua Dolphin Swimming Club-CP	9:03.57
11	Oaten, Rourke	15	Curro Aquatic Swim Club-CP	9:07.41
12	Smit, Reynard-Gray	15	Streamline Aquatics-CP	9:12.03
13	Solomon, Ethan	18	Swimlab Aquatic Academ-CP	9:12.65
14	Kotzè, Arden C	16	Swartland Aquatics-WC	9:14.75

Event 904 Women 14 & Over 1500 SC Meter Freestyle 10 FASTEST

	Name	Age	Team	Seed Time
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	17:42.33
2	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	18:09.77
3	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	18:31.69
4	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	18:38.84
5	Tsai-Rieb, Pei-Chi P	15	Aqua Sharks Academy-CP	18:41.73
6	Stilwaney, Mia C	14	Paarl Aquarius SC-CE	19:09.01
7	Els, Jamie	14	Aqua Dolphin Swimming Club-CP	19:49.53
8	Kleynhans, Sian	17	Royal Swimming Academy-ED	20:13.42